

Borough police learn to better protect selves

HAMBURG — Borough police said they were pleased with a recent training effort they hosted — how to protect themselves in the line of duty.

Hamburg Police Chief Jan Wright said the course, taught by Trauma Training FX Inc., of Virginia Beach, Va., was a first in Sussex County.

Instructors showed officers and Borough School Administrator Steven Engravalle how to expediently save casualties in emergency situations.

According to Wright, the course delved deeper than first aid training provided at the police academy, covering topics such as anatomy and physiology, phases of care, hemorrhage control, airway management, chest trauma, abdominal trauma, bandaging and splinting, head and spine trauma, burns, shock and hydration.

The training will allow officers to deal with high-pressure situations, including if an officer is shot or hit by a vehicle.